Camp Kainos Packing List

This list is to be used as a guide in packing for your child to come to a week of summer camp. Please use your discretion in packing for your child and make sure his/her name is marked on all items. Please make sure clothing is modest (see dress policy below). Lost and found items will be kept until the end of August after which items will be donated.

- □ Bible
- □ Notebook & Pen
- □ Sleeping Bag / Blankets / Sheets
- □ Pillow
- □ Towels
- □ Sweatshirt / windbreaker
- □ Clothes for full week of outdoor activities (See dress policy below)
- □ One piece swimsuit or tankini
- □ Swim shorts for boys & girls for waterslide
- □ 2 pair shoes (one good walking pair)
- □ Socks
- □ Underwear
- □ Toiletries:
 - 🛛 Soap
 - Comb/Brush
 - □ Deodorant
 - □ Lip balm

- □ Bug Repellant
- □ Sunscreen
- □ Toothpaste
- □ Toothbrush
- □ Floss
- □ Shampoo
- □ Conditioner
- □ Flashlight & Batteries
- □ Water Bottle
- □ Hat

Do Not Bring:

- Items of Value
- Tobacco products
- Cell Phones
- Handheld Video games
- Weapons & Drugs

Dress Policy:

- Girls: No short shorts (minimum of 3" inseam), two piece clothing or swimsuit that exposes midriff, halters, or the braless look. Athletic leggings or bike shorts may be worn with a long shirt that covers the bottom. Tank top straps must be 2 fingers in width or wider.
- Boys: Always wear a shirt outside of the dorms, unless swimming, on the beach area at the lake, or riding the waterslide. Baggy pants must be held up by a belt.
- Do not bring rude, insulting, or inappropriate wording on any clothing.

Therefore, whether you eat or drink, or whatever you do, do all to the glory of God. **1 Corinthians 10:31**

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